

Level 2: Sandplay Therapy

A psychotherapeutic, long term, insight-oriented therapy based on work of Dora Kalff and the Psychology of CG Jung. Sandplay therapy creates a bridge between the conscious and unconscious. Dora Kalff describes it as a “pathway to the psyche and in the hands of a properly prepared therapist, it is a powerful, invaluable modality”.

“The Sandplay method takes the limited therapeutic possibilities of language into account with great seriousness and offers alternative means of psychic expression” Dr Martin Kalff (2003).

This two-day workshop has been designed specifically for clinicians who are already incorporating Sand Tray as an adjunctive modality in their clinical practice. Pre-requisites are:

- Two-day Introductory training preferably with Jean, Carina or STANZA/ISST teacher
- Qualifications and current practicing certificate in Counselling, Psychology, Psychotherapy or Creative Therapies
- Basic understanding of psychotherapy / depth psychology
- Willingness to engage in regular Sandplay supervision

Overview of the training

This 2-day training expands on Level 1: Introduction to Symbol work and Sandplay Therapy. Content includes:

- The theories that differentiate Kalffian Sandplay Therapy, a psychotherapy, from Sand Tray as a modality
- Jungian Foundation: Structure of the psyche and archetypes
- Case studies to illustrate the theories
- Undirected experientials in pairs to implement observational skills
- Co-transference
- There is a maximum number of attendees in order to allow experientials, and for all participants to create their own trays and the observers to practice reflective responses.

When 27–28 March 2025, 9am–4pm

Where Kirikiriroa Hamilton, Aotearoa
New Zealand (details will follow)

Cost \$500.00

Morning tea included, BYO lunch.

This Fee includes one online supervision group session.

Expressions of interest

Please email Carina Conradie:
carinaconradienz@gmail.com

Registration and payment

Please ensure this before **14 March 2025**

(Secure your place with FULL PAYMENT)

Internet banking preferred.

Account details will be supplied when booking.

Facilitators



Jean Parkinson is a registered art psychotherapist in private practice in Auckland, working with children, families and adults. A certified Sandplay Therapist and Teaching member of ISST. Founder of Sandplay Aotearoa – www.sandplayaotearoa.co.nz/



Carina Conradie is a registered clinical psychologist in private practice in Hamilton working with adults and children. She is a certified Sandplay Therapist and Teaching member of ISST) and uses sandplay therapy as the main therapeutic modality.

(ISST – International Society for Sandplay Therapy – www.isst-society.com)

